

# SPLASH OF SUN TANNING GUIDE

## BEFORE TAN:

1. Remove make-up\face creams.
2. Shower and Exfoliate.
3. Shave where desired.
4. Do not apply deodorant, lotions, or perfume.
5. Wear dark loose clothing, i.e. jogging suit, etc.
6. Wear old, dark undergarments/bathing suit.
7. Remove all jewelry.
8. Apply polish/barrier cream to toenails and fingernails. Will not affect acrylic nails.

## AFTER TAN:

1. Wear dark loose clothing, i.e. jogging suit, etc. (Bronzer will rub off)
2. Avoid white clothing until after showering. (Bronzer will rub off)
3. Use dark towel after first shower. (Bronzer will rub off)
4. Avoid showering, swimming, or sweating for 6 – 12 hours.
5. Repeat process every 7 to 10 days depending on skin type.
6. Moisturize, moisturize, moisturize.

## HOW THE SUNTAN WORKS

1. The bronzer that you see immediately is our temporary bronzing color. It gives the instant gratification tan.
2. The bronzing color coverage shows how even the DHA tan will be. It is a part of the same coverage.
3. Solution includes DHA and selected extracts and oils, which create the long-lasting tan. The DHA will develop within a few hours into a tan that is unique to each person.
4. DHA is a natural sugar derivative. To understand the tanning process, take a bite of an apple and leave it out for a few hours. DHA has a similar affect on the skin.
5. When you shower after 6 hours the temporary color will come off, but the tan will remain.
6. The DHA continues to develop slightly over the next 24 hours and lasts 7 or more days depending on hydration and exfoliation that varies from person to person.
7. Moisturizing the body is very important in maintaining your tan.

## HEALTH NOTES:

1. A Spray Tan Is Not A Sunscreen! Always use sunscreen for UV protection.
2. The tanner reacts only with the uppermost layers of (dead) skin and not absorbed into the body.
3. Avoid inhalation and getting the tanning solution in the eyes.

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I have read and I understand these guidelines.

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Date